

Salkantay Trek to Machu Picchu

4 DAYS / 3 NIGHTS



INKA TRAIL

EXPEDITIONS PERÚ



› Salkantay Trek


4 days / 3 nights




The Salkantay trek is one of the most spectacular adventures that connect with the Archeological place of Machu Picchu, the views are made up of glaciers, mountains and the Humantay lake and a lot of vegetation, which makes this trek one of the most beautiful. We will cross the highest snow peak of the Vilcabamba mountain range until we reach. This path will finally take us to the town of Aguas Calientes, which is located at the foot of the Historic Sanctuary of Machu Picchu.

Highlights


- Enjoy the best alternative route to Machu Picchu.
- Observe the impressive Salkantay glacier and snow-capped mountain peaks in one of the most beautiful landscapes you will ever see.
- View turquoise lagoons, colorful valleys, waterfalls, crystalline streams of Mountains, cloud forests and unique flora and fauna.
- Explore the magical and mystical Machu Picchu in the company of our expert guide, who'll explain the history of the Incas.


 **Duration**
4 days / 3 nights

 **Activities**
Trekking,
Camping

 **Group Size**
Aprox. 12

 **Difficulty**
Moderate

 **Accommodation**
Camping

 **Languages**
English, Spanish

 **Hiking Distance**
42 km / 26 mi.

SALKANTAY TO MACHU PICCHU

4 DAYS



LEYEND

- Main road
- Second road
- Rail road
- River
- Hike
- Pass point
- Train station
- Restaurants
- Accommodation
- Meals
- Cabins
- Camping area



4 DAYS



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Full Itinerary



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› Day 1

Cusco – Mollepata - Challacancha - Soraypampa - Humantay Lagoon -
 Lodge del Cielo



Campsite Altitude

3,000m /
9,842ft



Highest Altitude

3,000m /
9,842ft



Hiking Distance

11 km/ 6.8 mi



Duration

6 hours



Meals

Lunch, snacks
and dinner.



Accommodation

Camping facilities



Difficulty

Moderate

The pick up from your hotel will be approximately at 4:00 am, and then transfer to Mollepata in our private transport for around 2 hours, after a light breakfast (not included in the tour), we will continue by car to Challacancha, there we are going to meet our muleteer and horses. our trek will start in this part waking until we reach our Lodge del Cielo located in Soraypampa.

In the afternoon after lunch, we will ascend to visit the beautiful Humantay lagoon, after the visit, we will descend again towards Soraypampa, finally we will spend the first night under a starry sky in our Sky Lodge.



Soraypampa

3,900 m s. n. m. / 12,795 ft



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Humantay Lagoon

4,200 msnm / 13,780 ft



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› Day 2

Soraypampa - Paso Salkantay - Wayraqmachay - Challway



Campsite Altitude

2,900m /
9,514 ft



Highest Altitude

4,630m /
15,190 ft



Hiking Distance

24 km/
13.67 mi



Duration

9 to 10 hours



Meals

Lunch, snacks
and dinner.



Accommodation

Cabins Double



Difficulty

Moderate

After breakfast, we will start the most challenging part of the trek, walking through the site known as Pampa Salkantay. Then we will take the left side of the Salkantay glacier. Around noon, reaching the highest point of the imposing snow-capped Salkantay located at 4,630 masl(15,190 feet), we will be able to appreciate all the majesty of the area, it is chain of mountains, glaciers and ravines, we will feel the magic of the Andes, after a small break for pictures we will begin the slow descent towards Wayracmachay, where we will have lunch and a well-deserved rest.

We will continue descending and enter the edge of the jungle with a spectacular view of the place, and then continue to our second campsite located in Challway. After a long day finally is time to enjoy the dinner and overnight stay.



Salkantay Pass

Pass
4,600 msnm / 15,092 ft



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Salkantay Pampa

Site
3,900 msnm / 12,795 ft



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› Day 3

Challway - Playa - Hidroeléctrica - Aguas Calientes



Campsite Altitude

2,000m /
6,562ft



Highest Altitude

2,900m /
9,514ft



Hiking Distance

22 km/
16.78 mi



Duration

6 to 7 hours



Meals

Lunch, snacks
and dinner.



Accommodation

2* Hotel in Aguas
Calientes



Difficulty

Moderate

After a breakfast, we will start our trek at 06:00 am along the Inca Trail Network. This day will be unforgettable. We continue with our trek through the jungle, through this route we will be able to see the flora and fauna of this area, especially the coffee, tea and passion fruit, plantations. The climate is temperate and humid and this forms a favorable micro climate for the production of Orchids that due to their colors and varieties, have been classified by experts as the most beautiful in the world. In addition, considering 5-hour walk to La Playa, we will continue our way in a local transportation until we reach the hydroelectric train station, where we will have lunch and a brief rest. We will continue our way toward Aguas Calientes (walk along the side of the railway till the town of Aguas Calientes). Finally, here we are!!, get ready to enjoy the dinner and overnight stay in our hotel.



Waterfalls

2,850 msnm / 9,350 ft



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Coffee Experience



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› Day 4

Wonderful Machu Picchu



Campsite Altitude

3,000m /
9,842ft



Highest Altitude

3,000m /
9,842ft



Hiking Distance

6 km/ 3.8 mi



Duration

5 hours



Meals

Lunch, snacks
and dinner.



Accommodation

Camping facilities



Difficulty

Easy/Moderate

Very early in the morning just after breakfast we will take a bus to the citadel of Machu Picchu in an ascending way for the period of 30 minutes to reach the access point and check point of Machu Picchu the guided tour will be carry on by your tour Guide for around 2 hours , in this tour the Circuit that should be the circuit 2A or 2B (please see the availability of spaces) Any of those circuits covers at around the 80% of the Archeological place of Machu Picchu in coordination with your Guide you are ready to ga back to Aguas calientes.(Lunch, not included)

Time to board the train back to Ollantaytambo or Poroy train station where the transportation will be waiting for you to take you back to Cusco.



Machu Picchu

Archeological Site
2,430 msnm / 7,972 ft



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Expeditions
Train



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Inclusions



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› Inclusions



✓ Is Included

- Quality and safe service.
- Briefing and pre-departure assistance. The night before the trip, you have to come to the office for briefing.
- Highly qualified professional Tour Guide with experience (English – Spanish).
- First aid kit and oxygen cylinder. All our guides receive first aid, rescue and evacuation training. Each guide carries basic equipment for emergency care, also carries an oxygen tank.
- Private camping equipment: We have accommodations in our campsites in addition all our equipment such as tables, chairs, kitchen equipment, etc. will be transport by our muleteers.
- you will be provided with a duffle bag prior to your departure (1 day before). The weight should be no more Than 7kg / 11.02 per person.
- 24/7 customer service
- Overnight:
 - Lodge Del Cielo in Soraypampa campsite.
 - Cabins in Challway campsite
 - 2* Hotel in Aguas calientes
- Professional cook.
 - Our cooks prepare the best meals in the middle of the mountain, if you have any dietary restrictions (options: Vegetarians, vegans, celiacs, etc.). please let us know at the time of your booking.
- Food:
 - 3 breakfasts, 3 lunches, 3 dinners.
 - Every day we will provide with boiled filter cold water.
 - Every morning, you will wake up a fresh, hot herbal tea (only in campsites)
 - Tea time - before dinner, the cooks will offer a table with snacks.
 - Snacks for all the trekking days.
- Private transport:
 - Day 1 - Pick up from your hotel toward to Mollepata (breakfast not included) to Soraypampa.
 - Day 2 - Public transportation from La Playa to Hidroeléctrica train station.
 - Day 3 – Transportation from Ollantaytambo or Poroy train station to your hotel in Cusco (Expedition Service).
- Train tickets from Aguas Calientes to the Ollantaytambo or Poroy train station.
 - Transportation of your personal belongings.
 - The first day we are in charge to transport the duffle bag of 7kg / 11.02 mules. (per person)
 - The second day the duffle bag will be transport by car and train to your hotel.
- Income tickets
 - Entrance ticket to the Humantay Lagoon.
 - Entrance fee to the Archeological center of Machu Picchu.
 - Consettur bus to the Inca city of Machupicchu (up and down).

✕ Is Not Included

- Sleeping bag.
- Trekking poles.
- Food:
 - Day 1 – Breakfast in Mollepata.
 - Day 4 – Lunch and Dinner.
- Train from Hidroeléctrica to Aguas Calientes. (If the passenger's condition is bad after the walk, we recommend that you take this train.)
- Personal equipment.
- Travel insurance.
- Additional income (Huayna Picchu – Machupicchu Mountain).
 - Both mountains are quite high, but with very different characteristics. Huayna Picchu reaches 2,720 m / 8,924 feet, but it consists of an almost vertical ascent with much more extreme and narrow trails. On the other hand, the Machu Picchu Mountain reaches 3,000 m / 9843 feet, almost 650 meters above the citadel. The path to the top of this mountain is more demanding than Huayna Picchu, it has a wider path and can be done by anyone. Although care must be taken with altitude sickness and weather conditions
 - Walking time Huayna Picchu (45 min)
 - Walking time Machupicchu Mountain (1.5 h)
- Option: if you feel tired after the hike on day 3, you have the option of taking a train from Hidroeléctrica to Aguas Calientes.
- Additional costs or delays beyond our control such as natural disasters, bad weather conditions, itinerary modifications due to passenger health problems (suffering from a disease or health problem), pandemic, changes in government policies, political instability, strikes etc.

RENTAL AND ADDITIONAL COSTS		
ITEMS	COST USD	OBSERVATIONS (You can coordinate directly with us)
Pair of trekking poles	USD 15.00	Includes rubber tips
Sleeping bag	USD 25.00	-
Breakfast in Mollepata	USD 10.00	
Cheap lunch in Aguas Calientes	USD 15.00 – USD 20.00	-
Gourmet lunch in Aguas Calientes	USD 50.00 – USD 70.00	-
Saddle horse (for one person)	USD 150.00	-
Hidroelectric Train to Aguas Calientes	USD 36.00	If the passenger feels tired, they have the option of taking a train from Hidroelectrica to Aguas Calientes
Entrance to Huayna Picchu mountain	USD 75.00	Subject to availability. Schedules: 7:00 am – 8 am / 10:00 – 11.00 am

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Packing List & Equipment



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› Que ponerse



Capa base

Una capa térmica ligera o una camiseta de manga larga.



Camisas de manga larga

Asegúrate de empacar al menos 2 o 3 junto con una camiseta de manga corta.



Chaqueta polar

Una chaqueta softshell también funciona bien (preferiblemente impermeable o a prueba de viento).



Chaqueta cálida

Para mantenerte caliente durante el noches más frías.



pantalones de trekking

Buenos pantalones cargo o convertibles, para cualquier condición climática.



Botas de montaña

Ligero, cómodo y usado. Ni muy apretado ni muy suelto



Calcetines de senderismo

Al menos 4 juegos. Asegúrate de que estén hechos de materiales transpirables como lana o fibra sintética



Gorro o gorro de lana

Para proteger tu cabeza durante las noches frías



Paquete de día

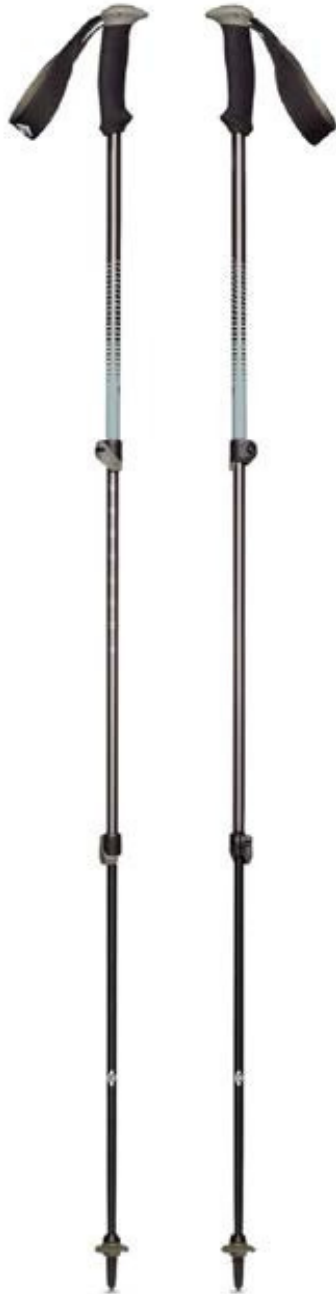
Una mochila mediana de buena calidad para llevar tus suministros personales. (mochila recomendada de 15 a 25 litros)



Sandalias o zapatos ligeros

Para descansar los pies en los campings

› Equipment you can rent from us



Trekking Poles (1 pair)
Trekking poles



Sleeping bag
Down filled sleeping bag (- 15°C)

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Food



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› Food



With Inka Trail Expeditions Perú each day we awake the smell of something fantastic cooking in the chef's tents and it was this smell (and maybe the warm coca tea).

It is also important to note that if you have any food allergies or happen to be a vegetarian or vegan, Inka Trail Expeditions Perú will cater to you along the way.

SAMPLE MENU

NOTE: This is only a sample menu for your hike. Exact food selections subject to change.

OUR BREAKFAST SELECTION INCLUDED:

- Pancakes with caramel drizzle that represented a series of ancient geoglyphs located in the Nazca lines Desert (a UNESCO World Heritage Site) in southern Peru.
- Thick oatmeal with large fresh chunks of sweet apples.
- Andean Chuta Bread (traditional bread baked in colonial ovens)
- Omelets stuffed with peppers, celery, carrots, radishes and cheese

OUR LUNCH SELECTION INCLUDED

- Asparagus Cream Soup
- Quinoa Soup
- Vegetable Soup
- Peruvian Chicken Salad
- Native Peruvian Potato Chili with Rice & Spinach Cake
- Chicken Rolls
- Vegetable Salads
- Russian Salads

OUR DINNER SELECTION INCLUDED:

- Potato Soup
- Rice and Vegetable Soup
- Andean Corn Soup – more like a chowder
- Steamed trout in a mushroom sauce served with garden vegetables
- Lightly fried chicken with fresh cut potato chips
- Stir-fried noodles with mushrooms and steamed kale
- Apple and Cinnamon Pudding
- Chocolate Cake and Pudding
- Gelatin (yes, Jell-O in the middle of the mountain range!)



Authentic Peruvian Recipes

Daily selection of diverse Peruvian food



Surprise Details

A special reward for every Trek



Why choose Inka Trail Expeditions Perú?

We are a 100% local Peruvian tour operator based in the city of Cusco that offers “Exclusive Adventure at its finest”, the opportunity to experience the essence of adventure within the realm of revitalizing comforts. But for Inka Trail Expeditions Perú, a great adventure does not end there, in order for it to be a life changing experience for our guests, we believe that the experience has to be a adventure on many levels.



Food in the Inca Trail

The best Peruvian food made by local chefs



High-Quality Equipment

Superior camping equipment and gear provided



Transportation

Door-to-door transport for a seamless travel experience



Trains from Machu Picchu
Exclusive access to Panoramic Vistadome Train



Safety and Security

Expertly trained staff and safety equipment



Our Porters

An elite porter team to carry all your equipment

Our Certifications



Recommended





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